5-MTHF Plus Forte[™] Product # 1182 60 Tablets

Supplement Facts Serving Size: 1/2 Tablet Serving per Container: 120		
	Amount Per Serving	% Daily Value
Folate (as (6S)-5-methyltetrahydrofolic		
acid, glucosamine salt)	2,500 mcg	625%
Vitamin B12 (as methylcobalamin)	25 mcg	417%
Superoxide Dismutase (from vegetable culture	e †) 12.5 mcg	*
Catalase (from vegetable culture †)	12.5 mcg	*
* Daily Value not established		

Other ingredients: Cellulose, stearic acid (vegetable source), magnesium stearate (vegetable source) and food glaze.

† Specially g rown, b iologically active vegetable culture containing naturally associated phytochemicals including polyphenolic compounds w ith SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

This product is gluten and dairy free.

Recommendation: One-half (1/2) tablet each day as a dietary supplement or as otherwise directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area. Sealed with an imprinted safety seal for your protection.

Product # 1182 Rev. 11/13